

Marsha Koebernick XC Invitational - 9/27/2007
South Sioux City High School Host Team
Covington Golf Course
Rankings

Event 2 Girls 4k Run CC Girls A&B Varsity

Name	Year School	Avg Mile	Finals	Points
Class A Results				
1 #253 Houlihan, Shelby	Sioux City East	5:55.3	14:43.11	1
2 #502 Hofer, Mariah	Yankton High School	6:01.8	14:59.14	2
3 #501 Hilson, Megan	Yankton High School	6:09.9	15:19.19	3
4 #298 Jansen, Josee	Sioux City North	6:13.7	15:28.83	4
5 #495 Creager, Krista	Yankton High School	6:14.1	15:29.83	5
6 #507 Sternhagen, Kristin	Yankton High School	6:16.1	15:34.80	6
7 #288 Benzoni, Nicole	Sioux City North	6:19.2	15:42.29	7
8 #506 Steinberg, Jade	Yankton High School	6:20.1	15:44.69	8
9 #409 Hanson, Christina	Spirit Lake	6:29.2	16:07.21	9
10 #492 Cammock, Ethelin	Yankton High School	6:33.0	16:16.66	10
11 #8 Anderson, Becca	Bishop Heela	6:34.3	16:19.92	11
12 #407 Emgarten, Carrie	Spirit Lake	6:35.1	16:21.99	12
13 #11 Eckert, Lauren	Bishop Heela	6:35.6	16:23.17	13
14 #261 Pry, Payton	Sioux City East	6:36.1	16:24.41	14
15 #385 Kelly, Karyn	South Sioux	6:39.6	16:32.99	15
16 #14 Genoff, Margaux	Bishop Heela	6:40.7	16:35.79	16
17 #410 Lynn, Erin	Spirit Lake	6:42.1	16:39.43	17
18 #32 Stanek, Brittany	Bishop Heela	6:45.1	16:46.74	18
19 #244 Betts, Paige	Sioux City East	6:46.3	16:49.78	19
20 #406 Brown, Mary	Spirit Lake	6:46.7	16:50.63	20
21 #303 Lavalais, Kayla	Sioux City North	6:49.9	16:58.69	21
22 #26 Oberle, Sarah	Bishop Heela	6:50.4	16:59.95	22
23 #380 Boyer, Autumn	South Sioux	6:53.0	17:06.46	23
24 #356 Nash, Dannika	Sioux City West	6:53.6	17:08.00	24
25 #252 Hohl, Kasey	Sioux City East	6:55.5	17:12.50	25
26 #30 Roder, Amy	Bishop Heela	6:56.0	17:13.89	26
27 #197 Giddings, Jordyn	Ralston High School	6:56.2	17:14.36	27
28 #408 Gustafson, Abby	Spirit Lake	6:58.2	17:19.34	28
29 #411 Skalbeck, Megan	Spirit Lake	6:59.5	17:22.47	29
30 #304 Lippke, Elizabeth	Sioux City North	7:02.2	17:29.20	30
31 #294 Fischer, Rachael	Sioux City North	7:09.8	17:48.24	31
32 #312 Stokes, Chelsie	Sioux City North	7:18.4	18:09.61	32
33 #200 Sutherland, Lauren	Ralston High School	7:21.4	18:16.92	33
34 #362 Wilson, Katelyn	Sioux City West	7:23.1	18:21.25	34
35 #266 Simpson, Meghan	Sioux City East	7:23.7	18:22.81	35
36 #355 Engle, Nicole	Sioux City West	7:31.7	18:42.70	36
37 #388 Rocha, Alejandra	South Sioux	7:34.2	18:48.76	37
38 #201 Valla, Olivya	Ralston High School	7:34.7	18:50.08	38
39 #358 Noble, Rebecca	Sioux City West	7:44.1	19:13.33	39
40 #196 Dwyer, Amanda	Ralston High School	7:44.9	19:15.41	40
41 #357 Nguyen, Yome	Sioux City West	7:45.0	19:15.72	41
42 #198 McNeeley, Shannon	Ralston High School	7:45.3	19:16.32	42
43 #387 Palsma, Hillary	South Sioux	7:56.8	19:45.04	43
44 #361 St. Cyr, Cecily	Sioux City West	8:32.1	21:12.76	44
45 #597 Ellenbecker, Jade	Sioux City West	8:52.5	22:03.40	
46 #195 Comstock, Georgia	Ralston High School	9:36.6	23:52.97	45
Class B Results				
1 #448 Dean, Britny	Westwood Slo	6:18.0	15:39.34	
2 #66 Steffen, Kristin	Crofton High School	6:18.4	15:40.29	1
3 #53 Barnes, Rachel	Crofton High School	6:18.5	15:40.67	2
4 #420 Ford, Lydia	Vermillion H	6:19.4	15:42.79	3

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....Event 2 Girls 4k Run CC Girls A&B Varsity								
2	Bishop Heelan High School	58	11	13	16	18	22	26
	Total Time: 1:06:05.62							
	Average: 16:31.41							
3	Spirit Lake High School	58	9	12	17	20	28	29
	Total Time: 1:05:59.26							
	Average: 16:29.82							
4	Sioux City East	59	1	14	19	25	35	
	Total Time: 1:05:09.80							
	Average: 16:17.45							
5	Sioux City North	62	4	7	21	30	31	32
	Total Time: 1:05:39.01							
	Average: 16:24.76							
6	South Sioux City High Sch	118	15	23	37	43		
	Total Time: 1:12:13.25							
	Average: 18:03.32							
7	Sioux City West	133	24	34	36	39	41	44
	Total Time: 1:13:25.28							
	Average: 18:21.32							
8	Ralston High School	138	27	33	38	40	42	45
	Total Time: 1:13:36.77							
	Average: 18:24.20							
Class B Results								
1	Crofton High School	23	1	2	9	11	12	25
	Total Time: 1:05:55.81							
	Average: 16:28.96							
2	Vermillion High School	35	3	7	10	15	24	
	Total Time: 1:08:19.02							
	Average: 17:04.76							
3	Norfolk Catholic	37	4	6	13	14	16	18
	Total Time: 1:09:23.96							
	Average: 17:20.99							
4	Omaha Gross	59	5	8	20	26	27	28
	Total Time: 1:13:05.59							
	Average: 18:16.40							
5	Schuyler High School	90	17	21	23	29	30	
	Total Time: 1:19:20.75							
	Average: 19:50.19							
6	Wisner Pilger	104	19	22	31	32		
	Total Time: 1:27:58.28							
	Average: 21:59.57							