

**January
2010**



*Important
DATE!*

January 6

School Resumes

January 7

Report Cards go home

January 9

Pride Assembly
10:00 a.m.

January 11

Board Education
Meeting 5:00 pm

January 14

Elementary
Roller-skating Party

School Reminders

Students enter school
at **7:55** am

School starts at **8:00** am

School dismissal at
3:00 pm

Lewis & Clark News



**A HAPPY
NEW YEAR**

Lewis & Clark Elementary
Mrs. Sheri Fillipi, Principal
801 2nd Avenue
South Sioux City, NE 68776
402-494-1917
sheri.fillipi@ssccardinals.org

Guidance Newsletter for January

Our Skillstreaming topic for January is **Using Self-Control**. This is one of the skills required for learning better ways to deal with problems. Some people act with aggression because they think this is the only thing they can do. Other people act with aggression to show their power over others. They might think they can get another person to act a certain way. They may think aggression will get them what they want, but over time they will find that it only causes more problems. People who act with aggression often get into trouble. They also have a hard time keeping friends.

Before people can solve a problem in a good way, they need a way to get self-control. This means getting the power to make themselves stop acting with aggression. This will take a lot of practice but good things will happen.

The steps for the skill of Using Self-Control are:

1. Stop and count to 10.
2. Think of how your body feels.
3. Think about your choices:
 - a. Walk away for now.
 - b. Do a relaxation exercise.
 - c. Write about how you feel.
 - d. Talk to someone about it.
4. Act out your best choice.

For homework, I encourage you to help your child to gain control before dealing with a problem.

Mrs. Mueller

CLASSROOM NEWS



NEWS

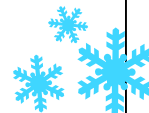
by Mrs. Gengler and Ms. Mohnson

In December the Kindergarteners:

- *discussed the letters Nn, & Cc, and words “to”, & “have”.
- *learned all about holidays, Christmas around the world, community helpers, Polar Express, and the colors white, & black,
- *worked on graphs, math journals, shapes, number comparison, and writing numbers
- *compared and contrasted Corduroy stories, and read Five Little Evergreens, Santa Santa What do you see? & Brown Reindeer Brown Reindeer What do you see?
- *practiced our new social skill “Showing Understanding of Another’s Feelings”

Keep practicing writing first and last names.

Thanks for all your support!!!



GRADE NEWS

by Mrs. Nelson and Mrs Ricklefs

In first grade we are learning many things:

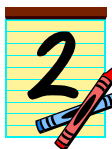
Math – We are subtracting, learning addition facts, and working with larger numbers.

Social Studies – We are using maps and globes.

Science – We are learning about the earth, weather, and seasons.

Reading – We are retelling what we have read. We are reading and spelling words with short vowels and blends like clip, glad, and sled.

Writing – We are writing interesting stories with a good beginning, middle, and end.



GRADE NEWS

by Ms. Augustine & Ms. Sievers

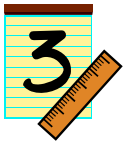
Math: Providing experiences that will help the students measure mass.

Science: Exploring Earth’s surface

Social Studies: Identifying goods and services.

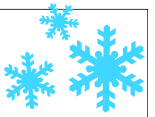
Whole Group Reading: Make inferences while reading.

Writing: Explore difference genres in writing



GRADE NEWS

Mrs. Beck, Mrs. Sudtelgte, and Ms. Eriksen



Reading- Our third grade students have been working in literature circles and doing some readers theatre. We are still focusing on recalling what they have read and by doing that they are picking out the main points to the story and asking questions about what they had read.

Writing- Focusing on our traits of writing, we have talked about voice and word choice. Writing so the reader is able to tell who is the author and choosing great words so that it paints a picture in the reader's mind.

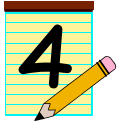
Vocabulary- Identifying how to break apart words to help understand the meaning. Also we are continually working with our curriculum vocabulary words and coming to a better understanding of them.

Math- We are very exciting to announce that we are starting a new program in Math that will enhance our students math facts skills. The program is called Fasst Math and it is extra support for our kiddos to help increase the number of math facts they know.

Social Studies- Celebrating national holidays and learning about the different traditions people have for certain holidays. Discussing great leaders and the Civil Rights Movement.



Science- Learning how food chains form food webs and what would happen to that food chain if one of the animals disappeared. They will create a food chain of their own.



GRADE NEWS

by Mr. Wanning and Mrs. Tillman

- ◇ Science- In our next unit students will be learning about the basic needs of plants. They will be investigating how light effects plants and how plants “breathe.”
- ◇ Social Studies- Students will be identifying resources and events that have affected the Southeast region.
- ◇ Math- Students have been discovering how to build angles from other angles; focusing on right angles, obtuse angles, and acute angles.
- ◇ Reading- Students have been generating questions as a way to monitor comprehension.
- ◇ Writing- The 4th graders will be using the six traits of writing to develop well-planned and expressive narrative writings!



GRADE CLASS

Mrs. Jensen and Mrs. Somsy

- ◇ Math- Solve division problems and story problems. Keep practicing facts ☺
- ◇ Science- Presenting our individual science experiments and learning about force and energy
- ◇ Reading- Comprehension strategies with a focus on clarifying ideas and words we don't understand by using a dictionary, glossary, or other source of obtaining information.
- ◇ Social Studies- Discussing European settlements, using timelines, and explorers of 1600's.
- ◇ Writing- Using voice, word choice, and conventions in our writing.

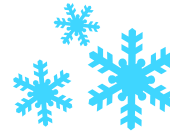


NOTICE OF NONDISCRIMINATION

The South Sioux City Community School District does not discriminate on the basis of race, color, national origin, sex, marital status, age, or disability in admission to, or treatment of employment in its programs or activities. If you feel you have been discriminated against, or have inquires regarding grievance procedures or compliance with Title IX, Title VI, or Section 504, please contact Dave Hawkins, Assistant Superintendent, South Sioux City Community Schools, 210 West 39th Street, South Sioux City, NE 68776.



Winter



COLD WEATHER



Please keep the following in mind as the weather cools down.

Students will be going outside as much as possible. Please make sure they dress appropriately (i.e. - coat, gloves or mittens, hat, boots).

Drop off your child as close to 7:55 AM as possible in the morning. Students do not enter the building until 7:55

Pick - up your child as close to 3:00 PM as possible.

Students are outside in the mornings until 7:50 AM, unless the temperature with wind-chill is below 5 degrees. If we are inside during the morning, children are to stay in the gym.

Students will participate in recess unless they have a doctor's excuse. We will be outside unless the temperature with wind-chill is below 5 degrees.

If the weather turns bad listen to your local radio and TV stations for early dismissals, school cancellations and/or late starts.

REQUESTS TO STAY INDOORS AT RECESS

It is our thinking that if a child is well enough to come to school, he/she is well enough to participate in the daily program. Exceptions are made in certain cases where the *family physician requests* that a child be excused from outdoor activity. Fresh air and a chance to 'run off' excess energy is a must for elementary children. Please be sure that your child is dressed appropriately for recess.

If for some medical reason (*Doctors NOTE*) your child cannot participate in outdoor activity, please send a note to your child's teacher so the nurse can keep it as part of the health record.

