

South Sioux City

Girls Soccer

Coaches:

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Vision Statement

Develop student-athletes into respectful, responsible, skillful and successful individuals that will be ready to pursue their goals in the classroom and on the field.

Mission Statement

A year-round commitment by players, parents, coaches and administration is expected to continue to develop each generation of student athletes.

Remind Code to receive text updates

Text- @sscgi to 81010

*******REMEMBER*******

SOCCKER IS A PRIVILEGE

EXPECTATIONS OF A SOUTH SIOUX CITY SOCCER PLAYER:

- *Follow all rules in contract for the duration of the season.
- *Respect coaches at all times.
- *All players on the field and on the bench are expected to be positive at all times. It is about the team, not you individually.
- *Injuries: if you are injured during a game or practice you need to notify a coach immediately. Then you need to see the trainer to see what the next step is. You will not be allowed to play until you are cleared. If you are injured and cannot play you are expected to come to practice because you are part of the team.

Academics: Student-athletes are to attend school to be allowed to practice or play. We will enforce the **no pass/ no play rule** where students are not allowed to play if they have failing grades, if they have more than one **F** they will not be able to practice. Don't wait until the last minute, it is the players responsibility to stay on top of their academics. The soccer program supports the Training Rules explained in the SSC High School Student Handbook.

Balance your school work, family time, and demands of soccer as a mature student-athlete.

GAME & TRAVEL: You represent the ***South Sioux City High School*** and everyone involved in our program. We have expectations on and off the field. We always leave a place better than we found it. Everyone is responsible for cleaning up after practice and games. Watch how you speak in public, no vulgarities and always use your manners. You must stay with the team when we travel.

If you are failing a class when we have to travel early to games and that class is later in the day you will not travel. No Exceptions

- *All players and coaching staff will represent the soccer program with good sportsmanship and respect. Parents and families are expected to do the same.
- *All players will ride the bus home. Players can ONLY be signed out by a parent in person with the coaches. We will have a check out sheet available to parents.

PRACTICES

- *Consult your coaches for changes in practice times. You are responsible for your own transportation.
- *Excused absences will be determined by the coaches. Academics and illness are excused absences. However, if you are ill or have academic issues, you must contact the coaches before practice. Do not make it a habit of being in academic trouble.
- *Athletic trainers will be available on a varying basis due to being a shared resource. Being late for practice because you had to "get taped" etc... Is not excused. Report all injuries to coaches. Follow athletic training room procedure for treatments and rehab.

Practice and Playing Time

Here are possible reasons which will affect your playing time.

RED AND YELLOW CARDS: NSA Rules: 1st red card = 1 game suspension, 2nd red cards = 2 game suspension, 3rd red cards = 3 game suspension.

- 1. Any behavior that goes against our *Rules in place*.**
 - a. Unexcused tardiness/absences both in school and at practice
 - b. Foul language
 - c. Lack of effort in practice or games
 - d. Fighting: You will be taken off the team.
 - e. Unexcused absences
 - f. Players on LOP (Loss of privileges)
 - g. Negative criticism against teammates or coaches
- 2. Unsportsmanlike play or receiving unnecessary yellow / red cards**
- 3. Inappropriate use of team's media sites (Facebook Page, Twitter, etc.)**

GENERAL

1. Drugs, alcohol or tobacco use, abuse, is not tolerated. Use / abuse of any of these items will result in Code of Conduct violation and subject to punishment by the school and the athletic team.
2. Curfew: as a coaching staff, we feel that for you to perform at the best of your ability in the classroom and on the field, you will need to be well rested.
3. Cell phones will not be used by players when the team is together (at practice or during games).
4. Interaction on our team's social media sites must always be appropriate and constructive toward team development. We are a class program and will exemplify this in everything we do.
5. Any out of school violations with ***Law Enforcement*** will be handled on a case by case basis.

VARSITY AND JV ROSTERS: Your starting position and playing time will be determined by your attitude, effort and skill level. Everyone ***EARNS*** the right to play.

Evaluations will be based on as Follows

Academics, Discipline, Technique, Fitness, Soccer IQ

****** In the end, student-athletes who show academic stability, conditioning results and can be coachable will be a part of the South Sioux City Cardinals Soccer Teams.**