

Step 1- Extent Local Wellness Policy Complies with USDA Requirements and Compares to a Model Policy Tracking Tool

South Sioux City Community Schools

Component	Description
Select Tool used for model LSWP comparison: If another tool was used, list it here.	1. The WellSAT 3.0 School Assessment Tool
Areas of Strength:	<p>1. Evaluation and Communication – Wellness committee meets as required to discuss school nutrition program</p> <p>2. Safe Routes to School – District has worked in collaboration with the City to make our schools walkable</p> <p>3. Drinking water is available during the school day. This includes allowing students to use water bottles and having bottle fillers installed.</p>
Opportunities for Improvement	<p>1. Improve communication regarding f/r meals policy. (These are addressed in separate policies but not in LSWP).</p> <p>2. Provide training and support for staff in the area of physical education.</p> <p>3.</p>
As a result of the comparison, was new language adopted in the LSWP?	<p><input type="checkbox"/> Yes</p> <p><input checked="" type="checkbox"/> No – Wellness committee will bring recommendations forward</p>
If yes, briefly describe what was adopted (include page numbers for new language if possible), Have the changes been approved by the school board?	<p><input type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p>
Describe the next steps for strengthening your LSWP.	Continue to meet with wellness committee and empower committee to bring recommended changes forward.

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Discussion/Notes:

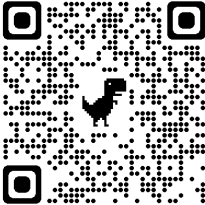
Step #2: Progress in Reaching LSWP Goals Template

South Sioux City Community Schools

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
<p>You are required to identify at least 3 goals as part of USDA wellness policy requirements, 1) nutrition, 2) physical activity, and 3) other student wellness goals.</p>			
<p>Nutrition Education Goal(s)/Nutrition Promotion Goal(s)- only 1 nutrition goal is needed Continue to support and better market the FFVG program to staff, students and families</p>			
<p>Physical Activity Goal(s) Promote EHA and Elevate so that SSCCS Employees are supported in their wellness goals</p>			
<p>Other student wellness Goal(s) Improve policy language regarding F/R meals policy, negative lunch accounts, etc.</p>			
<p>Other student wellness Goal(s) optional</p>			
<p>Outline the plan for measuring LSWP implementation</p>			

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
<ol style="list-style-type: none"> 1. Who – District Wellness Team 2. What – Monitoring action plans 3. How – Fall and Spring review of action plans 4. By When – May 30, 2024 			

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Step #3- Extent of Compliance for All Schools with the LSWP

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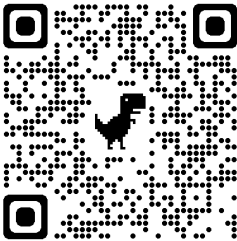
Policy Area (Write the requirements included in your LSWP in the column below)	Not Met (Name of Schools)	Partial Compliance (Name of School(s))	Full Compliance (Name of Schools)
<p>Nutrition Education/Promotion Requirements(s)</p> <ul style="list-style-type: none"> • School Meals • Staff Professional Development • Water • Competitive Foods & Beverages • Celebrations, Rewards & Fundraising • Nutrition & Health Education • Marking and advertising nutritious foods • Encourage participation in School Meal Programs • Meet USDA Smart Snack Requirements 	N/A	SSCCS – all buildings	N/A
<p>Physical Activity Requirement(s)</p> <ul style="list-style-type: none"> • Health Education • Physical Education • Recess • Classroom Physical Activity Breaks • Active Academics • Before & After School Activities • Safe Routes to School 	N/A	SSCCS – all buildings	N/A
<p>Other Student Wellness Requirements(s)</p> <ul style="list-style-type: none"> • Community Partnerships • Community Health Promotion & Family Engagement 	N/A	SSCCS – all buildings	N/A

Policy Area (Write the requirements included in your LSWP in the column below)	Not Met (Name of Schools)	Partial Compliance (Name of School(s))	Full Compliance (Name of Schools)
<ul style="list-style-type: none"> • Staff Wellness & Health Promotion • Professional Learning 			
Federal/State Meal Standards	N/A	N/A	SSCCS – all buildings
Foods Offered but Not Sold Standards	N/A	N/A	SSCCS – all buildings
Food and Beverage Marketing	N/A	SSCCS – all buildings	N/A

District LSWP Components	For the components below, indicate whether the district is in compliance.
Public Involvement	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Public Notification	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Triennial Assessment	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

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Questions, contact: jessie.coffey@nebraska.gov



Step #4: Sharing your Success- You have accomplished a lot!

Triennial Assessment Report to the Public South Sioux City Community Schools

Step #1- Post results of the wellness policy assessment

Step #2-Post results on progress made in meeting your 3 district wellness policy goals at BOTH:

- 1) **District**
- 2) **Each building**

Identify steps taken to meet unmet goal or policy elements that are not currently met and how you will update Wellness policy goals (likely from 2017) if needed.

Document how you update the public below

Example) of updating the public

Target Audience(s)	Method	Date
Staff, families & community	School Newsletter	ongoing
Wellness Committee	Scheduled meetings	Fall 2023 & Spring 2024
Board of Education	Wellness Policy Review	TBD

When updating the public, include a link to your wellness policy with an email for the contact the public can ask questions of.

Post to one of your district's main pages so patrons can easily see your updates, consider posting pictures of students and staff participating in activities that support your wellness policy goals.

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