

## South Sioux City School District

PHYSICAL EXAM : A physical examination by a qualified physician, physician assistant, or nurse practitioner is required to be completed *within 6 months* prior to the entrance of a child into the beginner grade and the seventh grade. A physical is also required for any child who transfers from out-of-state to any grade of a Nebraska school. You do have the right to waive the physical exam by submitting written objection to the school. Waiver forms are available. The cost of the physical examination are borne by the parent or guardian. Physical exam forms and vision forms are available on the school web site or from school health offices.

PHYSICAL EXAM FOR ATHLETICS: Physicals are also required for clearance to participate in school athletic programs prior to participation in athletic practices. The physical exam form is available on the school web site or from school health offices.